The Kiwanis kitchen utilizes fresh organic ingredients from local farmers including Hood Hill Farms, Sandy; Bristly Rose Farm, Eagle Creek; Leopold Farm, Boring; and Sugar Maple Swine, Sandy. Portland Roasting Co. coffee & tea is available all day. Snack fridge (including fruit, string cheese, and yogurt) is available all day.

## Friday 8/30

Hearty Snack Buffet 8.45 pm – 9.15 pm Assorted dips- artichoke, spinach hummus; cubed cheese and pretzels & crackers; sesame spiced green beans & balsamic asparagus; and an array of roasted turkey sliders & avocado pesto provolone sliders (GF & DF option too)

## Saturday 8/31

Breakfast 8.00 am-8.45 am Scrambled eggs, bacon, fresh Blueberry Hotcakes, fresh fruit & berries, Bob's Red Mill oatmeal, Greek yogurt, and muesli (toast available to make on own)

Lunch 12.00 pm-12.45 pm Albacore Tuna Salad & Cashew Chicken Salad & Garden Veggie Chickpea salad with croissants, macaroni salad, Greek salad & cookies

**Dinner 5.45 pm–6.50 pm** Line caught chinook salmon with a caper artichoke sauce or Chicken Piccata (Veggie option: Baked Portobello Mushroom with herbed tofu stuffing in a balsamic sauce). Fresh herb infused wild rice pilaf, Steamed Swiss chard, collard & mustard greens, Baby spinach salad with heirloom tomatoes, mozzarella balls and white balsamic vinaigrette, NY Cheesecake with berry sauce.

**Evening Snack** 9.05-9.25 Charcuterie board, mixed nuts & dried fruit

## Sunday 9/1

Breakfast 8.00 am- 8.45 am French Toast, links & bacon (GF & DF Options too); hard boiled eggs, fresh fruits and berries, Greek yogurt, Bob's Red Mill oatmeal & muesli (toast available to make on own)

Lunch 12.00 -12.45 pm Fajita bar: choice of beef, chicken, or tofu; black beans, Spanish rice, sauteed peppers & onions; a corn vegetable side dish; flour & corn tortillas; assorted toppings (lettuce, tomato, sour cream, diced onion, black olives, & salsa) & cookies

**Dinner 5.45 -6.50** Smoked chicken rigatoni with spinach & cranberries in champagne cream sauce. Mixed baby & micro greens with garlic herb dressing, cherry tomatoes, carrots, radishes & rolls, Lemon Bars & brownies

**Evening Snack 9.05- 9.25 pm** ice cream/sherbert cups, fresh popped popcorn, mixed nuts & dried fruit

## Monday 9/2

Brunch 9.30- 10.15 Pioneer scramble, deli platter with assorted breads, muffins, Bob's Red Mill oatmeal, Muesli, Greek yogurt and fresh fruits and berry's (toast available to make on own)